

Perspectives in Respiratory Nursing

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A Message from the President of RNS:

Casey Norris, MSN, RN

Welcome 2008. We're off to another year and a great start so far. I do hope everyone had a wonderful holiday season, and if you are like me, I trust it was very busy. We're working hard on getting this year's conference planned. We'll be holding it in Providence, Rhode Island from October 17th-19th. It will be a beautiful time of the year with all the fall colors. So mark your calendars and join us. If you attend other conferences, think of RNS and how you can promote our group. I'll be happy to send flyers for you to pass or we can put an ad in the brochure if you think there are attendees who would be interested in our organization. This organization wouldn't last without the support of our members.

If you haven't been to the website lately check it out. The newly updated bylaws have been posted for your review. Any suggestions or comments are welcomed. As I am writing this, the Core Curriculum is at the printer and ready to be published. I would like to express a special thanks to Donna Wilson and everyone who contributed to writing and reviewing chapters.

It was a lot of hard work but will be worth the effort.

Have you ever thought about what you could do to be a bigger part of RNS? There are several ways to get more involved. First is to submit articles for Perspectives. Every quarter Mary Findeisen has done a great job of putting Perspectives together. But she needs your help with providing articles. Do you have a particular area of expertise? Then share your thoughts with other respiratory nurses from around the country.

I mentioned previously about sharing RNS with members of other organizations who might be interested in the Respiratory Nursing Society. If you go to conferences, let me know and I'll be glad to send you some brochures to hand out, or we can look into advertising in their brochures. Talk to your coworkers. Attend the yearly conferences. The speakers and topics have been really fantastic and timely. And as always, feel free to nominate yourself for board vacancies each year. You can have a voice in how RNS functions.

I do hope everyone has a great 2008. If your units are like mine, it won't start off quietly.

Casey

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Spotlight on your Board Member

Gay Martin

Gay Martin, after graduating from Westbrook College in Portland, Maine, worked for 18 years as a nurse in a variety of settings. As a registered nurse she worked in a teaching hospital, skilled nursing facility, federally funded clinic and was a visiting nurse before deciding to change careers and go into marketing. She took classes in business and marketing at Franklin Pierce College evenings to assist in that transition from clinical to business.

Her first marketing position was as a detail rep (AKA sales rep) for Proctor and Gamble bringing a new over the counter pediatric cough cold product to market. From there it was closer to her nursing background working as a nurse liaison for Mariner Healthcare opening their Boston Longwood facility. With a desire to reduce the commute time from NH to Boston she accepted a position with HealthSouth when they opened their first New England inpatient rehabilitation hospital in Concord, NH in 1992.

In 1997 with her youngest child in college she moved to RI and began working for New England Sinai Hospital in the newly created marketing manager position. She attended evening classes at Brown University and completed a year-long certificate program in the practice of management. Gay was promoted to Director of Marketing in 2002.

Gay joined RNS in 2007. This is her first year on the RNS Board. Gay has been instrumental in establishing an RNS chapter in New England. She lives in Providence, RI.

The RNS Board 2007-2008

President

Casey Norris, MSN, RN
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CNorris@etch.com

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mfindeisen@partners.org

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Lebanon, OH
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*Would you like a free membership to RNS????
Check out the membership drive on p. 6 to find out how!!*

18th Annual RNS Educational Conference Update

A message from:

Mary Findeisen, President Elect and 2008 Conference Coordinator

We have begun program planning for RNS's 18th Annual Educational Conference. The conference will be held on October 17-19, 2008 at the Marriot Providence Downtown in Providence, RI. Conference topics slated for this year include lung transplantation, spinal cord injury, update on the management of tuberculosis, sleep disorders, customization of tracheostomy tubes, ECMO, nursing research, evidenced based practice and more. We will be having a Friday night reception for all members. It will be a chance to catch up with old friends and meet new and prospective members prior to the conference. More information will be available in future issues of perspectives and on the website at www.respiratorynursingsociety.org.

We are again offering an *Early Bird Conference Rate* for members and non-members who register for the conference prior to August 30, 2008. New members who join RNS and register for the conference at the same time will receive a \$25.00 discount on their membership. *So now is the time to recruit members to RNS. We are still sponsoring a membership drive until June 1, 2008. If you recruit five new members to join RNS you can receive a free membership or a free registration to this year's conference.*

The Marriot Providence Downtown(www.marriot.com/pvdri) is located at 1 Orms Street (there are two Marriotts in Providence so be sure you register for the Orms Street hotel) The hotel is near historic attractions, the Providence business district, shopping, museums and is within walking distance of many of Providence's restaurants and Providence's Waterfire (www.waterfire.org). There is an award winning restaurant at the hotel that is known for its seafood, as well as, a lounge and a Starbucks.

Hotel rates for the RNS conference are \$159.00 a night for both single and double occupancy. To make reservations call Marriot Reservations at 1-866-807-2171. Be sure to identify yourself with RNS. A limited number of rooms have been blocked for the conference so be sure to make your reservations early. For your added comfort all Marriot hotels are now non-smoking. Conference participants can get the RNS conference rate for two nights prior to and after the conference dates based upon availability. Historic Newport, RI is a short drive from Providence and it is well worth the drive to do the Cliff Walk and visit some of the mansions along the way.

For those of you within driving distance of Providence there is free parking at the hotel. TF Green Airport is a short ride from the hotel. TF Green Airport is serviced by major airlines including American Airlines/American Eagle, Continental Airlines, Continental Express, Delta Airlines/ Delta Connection, Northwest, Southwest, United Airlines, US Airways / US Airways Express. Shuttle service to and from the airport is currently \$11.00 each way. If you have other low cost carriers in your area such as Jet Blue or Air Tran you can fly into Boston and then take Amtrak directly into Providence. If you do take the train/Amtrak from any destination into Providence the hotel offers a van service for guests within the city limits.

If you have a poster that you would like to present at the conference we have a call out for poster abstracts until July 30, 2008. Posters can be administrative/leadership, clinical practice, education or research. Abstracts should not be more than one page in length with a 12 font. See page 4 for a poster abstract form.

We are looking for sponsors and exhibitors for the conference. If you know of a company or representative that is interested in sponsoring or exhibiting this year please have them contact me at mfindeisen@partners.org. Hope to see you in Providence in 2008!

**Respiratory Nursing Society
2008 Educational Conference
Poster Abstract Form**

Abstracts are being accepted for poster presentations at the 18th Annual RNS Educational Conference in Providence, RI on October 17-19, 2008

Deadline for poster abstract submissions is July 30, 2008

Abstracts should include title, author and affiliations, purpose, summary of content/ROL, (research studies should include study design and methods), outcomes/findings and implications for practice. Abstracts are limited to one page with a 12 font. A poster author must be present during the poster session hours. For more information contact RNS 2008 Conference Coordinator Mary Findeisen at: mfindeisen@partners.org or customerservice@respiratorynursingsociety.org

Please complete the following information and submit with abstract

Poster Title _____

Author(s) and credentials _____

Author(s) Affiliation _____

Poster's major content area
_____ administration/leadership _____ clinical practice _____ education _____ research

Behavioral objectives of poster (required for accepted posters) _____

Poster Size _____ Poster type _____ freestanding _____ wall mounted

Contact person _____

Contact address _____

Contact email address: _____

Contact phone: _____

Email this completed form and abstract to: Mary Findeisen at mfindeisen@partners.org or mail to Mary Findeisen, 110 Myrtle Street, Methuen, MA 01844

**RNS Poster Presenters
17th Annual Educational Conference
Charleston, SC**

RNS would like to thank the following poster presenters for their contribution to the 17th Annual Educational Conference that was held in Charleston, SC in August 2007. (* RNS Member)

The Use of Evidenced-Based Practice Approach to improve Nurse and Patient Knowledge of Inhalers: Collaboration with Nursing and Respiratory Therapy.

*Ann Peterson, RN, BS, MS and Sarah Allen, RRT

Clinical Outcomes of a Ventilator Associated Pneumonia Prevention Program

*Amy Shay, RN, MS, CNS

Outcomes of an Activity progression Protocol for Pneumonia and COPD

*Amy Shay, RN, MS, CNS

Computerized Education Module for Pediatric Tracheostomy Teaching

*Susan Gray, RN, PNP, R. Veator, RN, BA, *M. Horn, MS, RRT, M. Pelletier, RN, BSN, J. Goslin, RN, C. Bruynell, RN, BSN, C. Pacitto, RN, B. Muise, RN, BSN

Bedside Tracheostomy Tube Profile Sheet

*Mary Horn, RN, MS, RRT, R. Veator, RN, BA, M. Pelletier, RN, BSN, *Susan. Gray, RN, PNP, C. Bruynell, RN, BSN, C. Pacitto, RN

Asking and Answering Evidenced Based Practice Questions

*Tracy Estes, MS, RN, FNP

RNS Monogrammed Bags are Available for Purchase!

We still have a limited number of RNS bags that are available for purchase. These bags are quality LL Bean bags with blue trim and RNS monogramming. The cost of the bag is \$17.00 and includes shipping and handling charges. If you are interested in purchasing a bag please contact RNS President Casey Norris at CNorris@etch.com

Core Curriculum Update

Donna Wilson, past president of RNS, has some long awaited news. The Core Curriculum has now gone out for mass production. This means that the core will be available for purchase soon. We will have books available for purchase at the Conference in Providence.

Chapter Information

Did you know that you could start a chapter of RNS in your area? A new Chapter is forming in the New England area. If you are interested in joining the New England Chapter of RNS contact Board Member Gay Martin at gmartin@nesinai.org

Requirements for starting a chapter is a minimum of 10 members. If you would like more information on starting your own Chapter of RNS, contact RNS President Casey Norris at CNorris@etch.com

RNS Membership Drive

In an effort to increase our membership and to maintain the viability of RNS we are initiating a membership drive. Therefore if you, as a member of RNS, recruit five (5) new members to RNS in a one year time frame (between June 1, 2007 and June 1, 2008) you have the option of a free one year membership to RNS or a free registration to the RNS Educational Conference. **New members recruited must indicate at the time of initial application for membership the sponsoring RNS member to be considered a valid recruitment.**

New ___ Renewal ___ Date _____

RNS Membership Application

(please print)

Name _____ Credentials _____

Home Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____

FAX _____ Preferred Email _____

Place of Employment _____

Position/Title _____

Membership fees: (visit our website @ www.respiratorynursingsociety.org for descriptions of each membership)

New _____ Renewal _____

Voting member \$75.00 _____ Retired member \$50.00 _____

Associate member \$75.00 _____ Student member \$50.00 _____

Corporate member \$1500.00 _____

Sponsoring RNS member for Membership Drive _____

Payments can be made by check or credit card. Checks should be made payable to: **Respiratory Nursing Society**. If paying by credit, please clearly print the following:

Credit Card #: _____

Expiration date: _____

Amount _____

Signature _____

Please mail application and payment to:

Respiratory Nursing Society
c/o Casey Norris
708 Gladstone Circle
Maryville, TN 37804

On behalf of the Board of Directors, Thank you for Your Support!

RNS Bylaws

At the 2007 RNS Annual Business Meeting copies of the bylaws and recommended changes to the bylaws were reviewed. The bylaws are now on the RNS website for review by the entire RNS membership. Please log into the RNS website at <http://respiratorynursingsociety.org> to review the bylaws and the recommended changes. If you have any comments regarding the changes to the bylaws please contact RNS Immediate Past President JoAnn Frey at JoAnn_Frey@trihealth.com by March 7, 2008

Member News

Congratulations to RNS member Georgia, Narsavage, PhD, CRNP, FAAN for her new position as the Dean of Nursing at West Virginia University.

RNS Members

The RNS Board would like to welcome five new members.

- Janet Madigan, Abington, MA*
- Nancy Linda, St. Paul, MN*
- Sonia Nocon, Brockton, MA*
- Amelia Monteagudo, Mansfield, MA*
- Helen Allen, Randolph, MA*

The RNS Board would also like to thank the following members for renewing their membership.

- Patti White, Milwaukee, WI*
- Sharon Kindler, Wayne, NJ*
- Margaret Bartlett, Somerville, MA*
- Janet Dunn, Nashville, TN*
- Janet Larson, River Forest, IL*
- Carol Mason, McKenna, WA*
- Lois Dixon, Moline, IL*
- June Alberto, Statesboro, GA*

Lost Member

We do not have a forwarding address on the following member:
Maureen Fitzgerald, formerly of Eau Claire, WI. If anyone knows Maureen please have her contact RNS membership c/o Mary Findeisen @mfindeisen@partners.org

2008 Health Observances

Health observances may be a month, week or day dedicated to a particular health concern nationally or world wide. The following are some observances associated with respiratory health that may be of interest. Sponsoring agencies and websites are included to learn more about these observances and obtain materials. This list is informative only and does not endorse a particular sponsor. If you work with an allied health professional and it is their health observance month please recognize all that they do.

- February 1-28 American Heart Month
American Heart Association
www.americanheart.org
- February 3 National Wear Red Day 2008
NHLBI Information Center
nhlbi.nih.gov/health/hearttruth
- February 14 National Donor Day
Health Resources and Services Administration
www.organdonor.gov
- March 3-9 National Sleep Awareness Week
National Sleep Foundation
www.sleepfoundation.org
- April 1-20 National Donate Life Month
Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
www.organdonor.gov
- April 1-30 National Sarcoidosis Awareness Month
nationalsarcoidosisfriends.org.tripod.com
- April 7-13 National Public Health Week
American Public Health Association
www.nphw.org

Save the Date

18th Annual Respiratory Nursing Society Educational Conference

**October 17-19, 2008
Providence Marriot
Downtown
Providence, RI**

**Topics to include: lung transplantation,
sleep disorders, tuberculosis update,
ECMO, evidenced based practice,
research and more**

**Full brochure coming soon or obtain
conference updates at
respiratorynursingsociety.org**

Call for poster abstracts

We are sponsoring a poster session at the RNS Conference.

Abstracts should include title, author(s) and affiliation(s), purpose, summary of content/ROL, (research studies should include study design and methods), outcomes/findings and implications for practice. Abstracts are limited to one page with a 12 font. Include contact person's address, phone number and email address. A poster author must be present during the poster sessions at the conference.

Abstract submissions must be received by: July 30, 2008.

* Accepted posters will require behavioral objectives to be submitted

For more information contact RNS 2008 Conference Coordinator Mary Findeisen at: customerservice@respiratorynursingsociety.org

Email poster abstracts to Mary Findeisen at mfindeisen@partners.org or mail poster abstracts to:

Mary Findeisen,
110 Myrtle Street
Methuen, MA 01844

*Respiratory Nursing Society
c/o Casey Norris
708 Gladstone Circle
Maryville, TN 37804*

ADDRESS CORRECTION REQUESTED